

## Golden Myanmar (Burma) 7 Days (B)

**Yangon - Mandalay - Sagaing - Bagan - Mt.Popa - Yangon**

**Duration** : 07 Days / 06 Nights

**Places** : Yangon-Mandalay-Bagan-Yangon

**Tour Code:** 7D (B)-YMSBP

**Day 01** : Arrival Yangon (by CI 7915, 09:45 hrs)



Welcome to the Garden City Yangon ! Upon arrival, welcome by local guide with welcome present: postcard, and Map of Myanmar. Then transfer to Hotel for check in.

Today Yangon city tour includes: **Kandawagyi Royal Park** where you can see the glittering Karaweik barge, a replica of the royal barge, **Chaukhtatkyi Pagoda**, houses the fourth largest colossal reclining Buddha, **Bogyoke Aung San Museum** which was established in 1962. 15 years after the assassination of Bogyoke. Bogyoke in Myanmar is a term used for General. The museum was the home of the General before he was assassinated. And he is Father's of Aung San Su Kyi

who led the National League for Democracy (NLD) to a majority win in Myanmar's first openly contested election in 25 years in November 2015 and now her position is A State Counsellor for the new government then lunch break.

In the late afternoon, shopping in the **Bogyoke market** formerly "Scott market", where you can get a wide range of Myanmar handicraft, jewelries, fabrics, lacquer wares and so on.

(note: Bogyoke market is closed on Mondays.), photo stop at the heart of Yangon: **Sule Pagoda, Maha Bandoola Park** with Independence Monument, City Hall, High Court and many colonial style buildings then start walking along the street Pansodan, in which he will find the beautiful buildings of Post office, the Senate, the beautiful colonial buildings as the House of the Culture while it happens for religious pagodas and elegant parks and end at the



**little china town**. Along the road, you see local experience in ways that the different architectural features, second hand bookstalls, old Government telegram office to the bustling and vibrant life of this large city. And you guide show you a great evening of food throughout the city and got a chance to taste them if you want as there are so many shops for Shan cuisine (Shan noodles, a Shan soup and pennywort salad), a delicious fried tilapia from a street vendor, an assortment of Burmese curries and salads (tea leaf salad was phenomenal) and traditional Myanmar desserts.

Enjoy the sunset at the magnificent **Shwedagon Pagoda** located on top of Singuttara Hill, where many locals and Buddhists come to worship. Shwedagon Pagoda is thought to have been built between the 6th and 10th Centuries;



however it has been rebuilt many times. It is here that eight strands of Buddha's hair are said to be kept. The pagoda is covered in gold and contains diamonds, rubies and emeralds.

Overnight at the hotel in Yangon.

Breakfast: by own

Lunch: by own

Dinner: by own

*(Yangon is with a population of over five million people, Yangon is the bustling former capital of Myanmar. The city boasts verdant parks, beautiful colonial buildings and the famous Shwedagon Pagoda. Yangon was declared the capital of Myanmar in the late 19th Century by the British. They rebuilt the town after a fire destroyed it in 1841, hence the colonial influences in the architecture. The British renamed the city Rangoon, however it has been restored to its original Burmese name of Yangon since 1989 when the country was also renamed Myanmar (replacing the British name of Burma).*



**Day 02** : Yangon-Mandalay (by morning flight) (B)

Morning transfer without guide to the airport for flight to Mandalay. Welcome to the Royal City Mandalay ! Upon arrival, welcome by local guide with welcome board then transfer to

the hotel for check in. Then visit an ancient city of Amarapura meaning the 'City of Immortality'. Make a visit **Mahar Myat Muni Buddha Image** the most ancient Buddha image castled in bronze in Myanmar and head your way to the **handicraft workshops** such as bronze sculpture, marble works, and tapestry making, **Mahagandaryone Monastery** the largest teaching monastery in Myanmar. Each day at around 10:30 close to 700 monks queue up for their morning meal ritual.

From the monastery continue to **U Bein Bridge** for a walk along this 200 year-old teak bridge. The bridge was constructed of 984 teak posts that were once part of the deserted Inwa Palace and it is 1.2 kilometers in length making it the world's longest teak span. Enjoy a stroll along the bridge and the fabulous views of the surrounding farms and streams.

This afternoon visit **Mya Nan San Kyaw Palace** (Royal Palace). This golden palace represents Myanmar's Sovereignty and independence and can arouse a national patriotic spirit amongst the people of Myanmar. The Royal Palace was destroyed by a British forces air raid in March 1945 but was finally renovated and restored faithfully into its original structure in September 1996. The 89 main halls were re-built with reference to the original photographs, pictures, palm-leaf manuscripts and a miniature model.

Later head to **Shwenandaw Monastery**, once part of the palace complex until it was dismantled and reassembled on its present site in 1880 as a monastery. This wooden structure is carved all over with beautiful motifs and mythical creatures. Originally the building was entirely covered in thick gold, today only the interior gold remains due to



harshness of the tropical weather, **Kuthodaw Pagoda**, often called the world's largest book (a set of 729 huge stone slabs on which the Buddhist scriptures are inscribed). Finish the day with a visit to **Mandalay Hill** to watch sunset over the city plains.

Overnight at the hotel in Mandalay.

Breakfast: at the hotel

Lunch: by own

Dinner: by own

*(Mandalay is located 668 km north from Yangon and the last capital of the Burmese Kingdom. Mandalay embodies all the elements of Myanmar's ancient educational, social and cultural system yet the city is also heavily influenced by the Chinese who have relocated here since the Burma foreign trade restrictions were eased.)*

### Day 03 : Mandalay-Sagaing-Ava-Mandalay (B)

Morning start drive for an excursion around Mandalay to explore the former capitals of Ava and Sagaing by cross a bridge over the Irrawaddy River to Sagaing. Covered with 600 white-painted pagodas and monasteries, **Sagaing Hill** is widely regarded as the religious center of Myanmar. It is home to 3,000 monks and 100 meditation centers and you will visit pagodas such as **Swan Oo Pon Nya Shin and U Min Thone Sae**.



We'll also visit **Sagaing's local market**, a typical Burmese market that few tourists visit. Here you will find a range of items for sale including locally made pottery, silver and other handicrafts. We will also stop at a small pottery village to see the process of making the ubiquitous water pots found throughout Myanmar.

Then continue south of the city to Ava, the capital from 14th to 18th centuries, where a short ferry ride will take us across the river to where our horse and carriage are waiting. Visit by native horse carriage to the old wooden **Bagaya**

**Monastery** and the remains of the Royal Palace and Fort. There are many small villages located amid Ava's ruins and as you travel by horse and cart you'll get a glimpse of local life in the Burmese countryside, **Mainu Brick Monastery** and **old watch tower**. Then return to Mandalay. Overnight at the hotel in Mandalay.



Breakfast: at the hotel

Lunch: by own

Dinner: by own



Optional tour: Enjoy face washing ceremony of Maha Muni Pagoda

It's an early morning at 4.00 AM, we go to Maha Muni Pagoda, Mandalay's most important religious sites to enjoy face washing ceremony of the venerable. The main Buddha image here is more than 3.5 metres high and is coated with gold leaf applied by the local pilgrims- in fact, so much gold leaf has been applied over the years that the image is now distorted and appears lumpy in texture. Every morning at 4.30 the monks and locals gather at Mahamuni to wash the statue's face with scented water and clean his teeth with a soft brush. This bizarre yet beautiful ceremony is worth getting out of bed for! Next we continue to a local neighborhood to witness the daily alms collection of the monks. Clothed in red robes and carrying their alms bowls, a solemn line of barefoot monks walks along the streets to collect offerings from the locals. The morning alms collection is an important part of daily life for the monks and for the Burmese people as it symbolizes 'making merit' and also reminds to Buddhist of their mutual interdependence. (Surcharge rate is to be advised.)

**Day 04 : Mandalay-Bagan (by schedule boat) (B)**

After breakfast at hotel, transfer to Jetty to take boat trip for a whole river cruise on the majestic Ayeyarwaddy River from Mandalay to Bagan. Enjoy the extraordinary scenic and interesting sights along the picturesque Ayeyarwaddy River on Shwe Kein Nayee boat or Malikha boat or MGRG boat with the capacity of about 120-150 passengers. Arrive at Bagan Jetty in the evening and transfer to hotel for check in. Overnight at the hotel in Bagan.



Breakfast: at the hotel

Lunch: on board

Dinner: by own

*(Bagan with the advent of the 11th century and till the end of the 13th century, kings, generals and dignitaries spared no effort to have brick put upon brick, to build temples and pagodas one after the other with the solitary aim of favourably influencing their re-incarnation. It is believed as many as 12,000 temples and stupas once stood in the area; however, invasions, war and natural disasters have reduced most of these to rubble. Despite this, Bagan is home to more than 2,200 standing ancient temples today and as such, is Myanmar's greatest architectural site. As there are more than 2000 temples & stupas. Indeed it is difficult to cover all temples within limited time. Therefore we have carefully selected only some major temples for you in order to avoid hectic tourism. But if you want to see more temples, just let your guide or driver knows. They can show you as much temples as possible within your stay.)*

**Day 05 : Bagan sightseeing (B)**



Morning start visit to **Nyaung U local market & Myinkabar colorful market** where you can close to observe the ways of local people and road side sellers, then the golden pagoda of **Shwezigon pagoda**, which is Pagan's most important reliquary shrine look out for images of 37 "Nats" housed in a small hall. See 12th century frescoes adorning the corridors of **Kyansitta "Cave" temple**. Continue to **Gubyaukgyi**, another "cave" temple with fine frescoes of "jataka tales". Next stop is **Htilominlo**, the last Bamar style temple built in Bagan, with old murals and friezes. Pass through Tharaba Gateway into Old Bagan.

In the afternoon, visit **Manuha Temple** with gigantic Buddha images, a captive king's impression of life in prison;

Nanpaya, an Early-style temple with the finest stone carvings, **Ananda temple**, a whitewashed masterpiece of Mon architecture with four standing Buddhas, and the adjacent brick monastery from the early Bagan era with well-preserved murals. Making a photo stop at the tallest temple measuring 61 meters **Thatbunmyu** known as "temple of omniscience" and dating from 1091, **Dhamayangyi**, a massive-looking temple dating from end of 12th century which is famous for its interlocking mortar less brickwork, **Mingalarzedi**, the last of the large pagodas built in the 13th century, representing the pinnacle of Bamar pagoda architecture, **local lacquer workshop** to watch craftsmen skillfully making this most famous of Bagan handicrafts.



Late this afternoon we'll take a relaxing native horse cart ride through the temple area, winding your way along the roads past dozens of monuments. Stop as you wish to take photos or explore the temples. At the sunset time and climb to the top of **Shwesandaw stupa** to enjoy magnificent views over Pagan's temples and the Ayeyarwady River.

Overnight at the hotel in Bagan.

Breakfast: at the hotel

Lunch: by own

Dinner: by own

Optional tour: Hot Air Balloon riding for sunrise.



This morning we can make Hot Air Ballooning tour to enjoy beautiful sunrise. It is take about 45 minutes. Balloon Office will pick you up at 06:30 AM at your staying hotel by their old bus. The exciting thing about ballooning is that you just don't know. You will see Bagan waking up in the morning. You will see many temples in the distance and get a spectacular aerial view of Bagan. Sometimes you may fly over villages and see people on their early morning rounds, feeding their animals; or going to market. It is an amazing and interactive experience. Then back to the hotel. Surcharge for Balloon riding is USD 290 per person and it is operated the period from Oct to Mar.)

Optional tour: Horse cart or Bicycle.



You can enjoy the Bagan land by riding native horse carriage or Bicycle and it is by own account as not included in the price. Excursion by these, you can through the temple plains, stopping for photos or more temple exploration, and catch the sunset from an elevated location. Surcharge rate is USD 8-10 per person.)



**Day 06 : Bagan-Mount Popa-Bagn (by car)-Yangon (by evening flight) (B)**



Morning day excursion up to **Mount Popa**, an extinct volcano standing 1518 metres high has played an important role in Myanmar culture, religion and history since earliest times. Its shrine is dedicated to the worship of the 37 Nats, the Burmese ancient animist spirits. Learn about nats and nat worship from your local guide.

There are 777 steps to reach Taung Kalat, the temple located at the top (shoes and socks must be removed at the temple).

The steps are tiled and under cover with railings to hold onto

if necessary; it will take 1.5 hours of walking to the top and back. Please hold on to your belongings as there are many monkeys here.

A short stop on the way to Bagan will be made to study Toddy farmer's life like collecting toddy wine, making molasses, and making hands made oil.

(if the time allowed, visit to Minnanthu village to see how the local people live.) then transfer to the airport for return flight to Yangon. Welcome by the driver and hotel check in.

Overnight at the hotel in Bagan.

Breakfast: at the hotel

Lunch: by own

Dinner: by own



**Day 07 : Yangon – Departure (by AM flight) (B)**

Morning transfer to the airport for your home or onwards flight.

Breakfast: at the hotel



\*\*\*\*\*End of Tour \*\*\*\*\*

## Land only package Cost:

Minimum 2 person or up

<u>Hotel</u>	<u>Tour Code</u>	<u>Twin Sharing</u>	<u>Child (no bed)</u>	<u>Single Suppl +</u>
3* Hotel:	7D-B-YMSBP-3*	\$ 949	\$ 759	+\$279
4* Hotel:	7D-B-YMSBP-4*	\$1149	\$ 929	+\$459

\* Reduction for triple room : \$75 each person.

\* Child : Between 2-11 Years old.

Validity: from 01 Oct 2016 – 30 April 2017

### Remarks:

\* All Price are per person in USD.

\* **Above land only package cost does not included International & domestic airfares.**

\* There will be compulsory dinners at the hotels on 24th & 31st Dec 2015 and surcharge apply.

\* Period from 13 -16 April, that will be held Water Festival and the price will be higher, surcharge apply.

Services Included	Services Excluded
<ul style="list-style-type: none"> <li>- <b>06 nights</b> accommodations with breakfast (Twin/Double sharing room basis, check in time is at 14:00 and check out time is at 12:00 noon)</li> <li>- All transfers, transportation and sightseeing by below private air-conditioned vehicles</li> <li>- English speaking <b>STATIONED</b> guides in each city</li> <li>- Entrance fees as per detail program</li> <li>- Native horse carriage fee for visit in Ava, Mandalay</li> <li>- Schedule boat from Mandalay to Bagan</li> <li>- 02 bottles of mineral water per person per day on bus</li> </ul>	<ul style="list-style-type: none"> <li>- Visa fee for Myanmar</li> <li>- International airfares</li> <li>- Domestic airfares for TWO sectors</li> <li>- Meals (Lunch &amp; Dinner)</li> <li>- Optional excursions</li> <li>- Mineral water that beyond limit</li> <li>- Early check in &amp; check out</li> <li>- Beverages, laundry services, mini bar, etc.</li> <li>- Personal expenses such as Camera fees, Tips etc.</li> <li>- Any other items not mentioned in Service Includes</li> </ul>

### SURCHARGE FOR DOMESTIC AIRFARE:

From	To	Airfares (Economy Class)	Carrier/Airlines
Yangon	Mandalay	USD 140	Golden Myanmar airline, Man Yadanarbone airline, Air KBZ, Yangon Airways, Air Mandalay, Asian Wings & Air Bagan
Bagan	Yangon	USD 129	

### Remarks:

- Above rate is per person and included airport departure tax.

- It is subject to be changed and will be updated at time of booking and ticket issuing.

**HOTELS LISTS (subject to availability): below hotels or similar ones of same category:**

Cities	3 star Hotels	4 star hotels
Yangon	<p>Summit Parkview Hotel</p>  <p><a href="http://www.summityangon.com">www.summityangon.com</a> located 15 minutes walk to Shwedagon Pagoda, and 10 mins drive to the heart of the city</p>	<p>Kandawgyi Palace hotel</p>  <p><a href="http://www.kandawgyipalace-hotel.com">www.kandawgyipalace-hotel.com</a> located on the Royal Lake within 20 minutes drive from downtown</p>
Mandalay	<p>Mandalay City Hotel</p>  <p><a href="http://www.mandalaycityhotel.com">www.mandalaycityhotel.com</a> Located in down town and close to Zay Cho Market</p>	<p>Sedona Hotel</p>  <p><a href="http://www.sedonahotels.com.sg">www.sedonahotels.com.sg</a> located just in front of the Mandalay Palace, 1 hr &amp; 20 min drives from the airport</p>
Bagan	<p>Bagan Thande Hotel</p>  <p><a href="http://www.hotelbaganthande.com">www.hotelbaganthande.com</a> Bungalow type, located in Old Bagan on the river side and main archeological site</p>	<p>Tharabar Gate Hotel</p>  <p><a href="http://www.tharabargate.com">www.tharabargate.com</a> Located in old Bagan within 3 min walk to Anandar Temple and 10 mins drive from the airport</p>